

Leah Walsh Speaker Profile

Life Coach & Professional Speaker

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INTERACTIVE SPEAKING TOPICS

Different on the Inside: Neurodiversity at Work

New frameworks for mental wellbeing and nurturing true brilliance at work

- The emergent neurodiversity movement
- Presenteeism at work - what is missing?
- Models that support neurodiversity in how individuals and teams can excel

Grounding for Greatness

Sustain new levels of contribution and success

- Why our presence precedes our strategies
- The mechanics of grounding in our bodies
- How to be seen and heard in ways that you've always desired

Own Your Place as an Introvert in an Extroverted Business World

Practical ways to excel as a quiet leader

- The power of introverts in our workplaces
- Ways to reduce stress and increase impact
- Optimize your business processes with an introverts' advantage

Leah spoke at my event recently and the room was completely mesmerized, myself included. Leah has a way of captivating her audience with raw authenticity, vulnerability, and strength that I could see provided something to each person watching.

- Erin Vanderkooy, Founder of Portland Oregon Women Entrepreneur Roundtable (POWER)

SPEAKER BIO

Leah Walsh (she/her) is here to support conscious and creative people to uncover their unique potential and bring that light into the world. She sees every human is a unique flower in life's garden, but being your own flower is hard work! It means cultivating a strong mind, deep roots and clear heart so you can grow, adapt, & bloom. Leah's work supports people to do just this. Her signature coaching program teaches other highly sensitive and introverted leaders to ground their confidence, cultivate deep-rooted belonging and awaken their unique impact.

As seen in

